



CONTACT

Jacquelyn Diaz
Assistant to the
General Manager
510.600-4800
diaj@haywardrec.org
www.HaywardRec.org

Hayward Area Recreation and Park District **FOR IMMEDIATE RELEASE**

Hayward Area Recreation and Park District to partner with Spectrum Community Services to provide curbside pickup for senior meals

Hayward, CA; March 30, 2020 - Hayward Area Recreation and Park District (H.A.R.D.) announced their partnership with Spectrum Community Services to provide a take-away meal program for seniors aged 60 and over, beginning Wednesday, April 1, 2020. Meals will be distributed for curbside pick-up Monday-Friday, between 12:00-12:30 p.m. at the Hayward Senior Center located at 22325 N. Third Street, Hayward, California.

Participants must be registered to participate in the program. Seniors must have completed a Spectrum Registration form prior to receiving the meals. The registration form will be available at the pick-up line or the form may be found at www.SpectrumCS.org/senior-services/senior-meals. Reservations are requested, limited extra meals will be on hand. A curbside pick-up station will be set up on site for registered seniors to pick up their meals. A donation to Spectrum Community Services of \$3.75 per meal is suggested.

Menus are posted on the Spectrum website as well as in the Castro Valley Forum and San Leandro Times weekly newspapers. Participants must call in their reservation three (3) business days in advance. Please call H.A.R.D. at (510) 881-6768 and leave a message on the voicemail that includes your name, phone number and day you want to reserve your meal. For additional program questions, please call Recreation Supervisor Daniela Keiffer at the same number or email at KeiD@HaywardRec.org.

For more information please call (510) 881-6768 or visit H.A.R.D. at: www.HaywardRec.org

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