

Learn and Play Montessori School

Food Allergy Form

Child's Name: _____ Birthdate: _____ Classroom: _____

Learn and Play Montessori School offers breakfast, snacks, and lunch for your convenience. Lunch and snacks are not an additional cost to the parents. All food is ordered from Costco every week and prepared fresh at school. Some of the food items that are ordered from Costco such as crackers, pastas, bread, etc. may be manufactured in factories where eggs and nuts are present. Please review the lunch menus carefully each month and update the food allergy form accordingly. School menus are subject to change. Any changes made to the menu will be updated on the menu posted in the school's lobby area.

Parents have the option of sending breakfast, lunch, and snacks from home. If parents are sending food from home, then we will not serve school food in addition to the child. Also, we will NOT warm or heat food from home, it will be served as is. Please label all containers with your child's name and date. Please DO NOT pack foods containing nuts, eggs, beef, or pork. Also, if parents are bringing food for other children for birthday celebrations and potlucks, the food must be store bought and pre-packaged along with the ingredient label. Cakes must contain no eggs and no nuts.

1. Please indicate your child's lunch option:

____ Vegetarian

____ Vegan (please bring your child's lunch and snacks from home)

____ Non-Vegetarian (the School only serves Chicken, Turkey, and Fish.) We serve Non-vegetarian only twice a week because we want to reduce serving processed meats and serve healthier protein options. Also, children enjoy eating the same foods as their friends, therefore we try to serve more vegetarian options.

2. Please indicate if your child will:

____ Have school lunch and snacks

____ Bring lunch and snacks from home

3. Please list below all foods and beverages that your child can NOT have and is allergic to (please note there will be no substitutions given):

_____	_____
_____	_____
_____	_____

Parent's Names: _____/_____

Parent's Signatures _____/_____

Date: _____